



# The Boston Project Ministries

## Healthy Youth Champion – Mental Health Team

### Summer Employment 2019

#### *Job Description*

#### **Want to work to promote better mental health in the community?**

The Healthy Youth Champions (HYC) is seeking 6 youth, ages 15-19, to join our Mental Health Team. The HYCs will focus on increasing mental health awareness, removing negative stigmas, and increasing access to community-based mental health resources for youth. This is a great position for youth interested in public health, human services, or peer mentoring.

#### **What you would be doing...**

##### **Mental Health Education**

- **Meet with local mental health professionals** to increase knowledge about mental health issues.
- **Conduct a survey of 50 teenagers** on mental health issues at home and in school

##### **Mental Health Promotion**

- **Create a social media campaign** on Mental Health – using Instagram/Facebook.
- **Create a marketing message** to put on t-shirts, swag, and/or outdoor benches/billboards

##### **Mental Health Campaign**

- **Develop a teen-led and teen-focused workshop** on understanding mental health and practicing self- and/or group-care strategies.
- **Create a “Safe Space” sessions** for teens to share honest feelings about trauma.
- **Assist in preparing a team presentation for The Big Event closing summer celebration**
- **Create a mental health resource list** for youth that can fit on small business cards or key chains.

#### **The ideal candidate will have the following skills:**

- **Interest in mental health education. Ability to think about health from both an individual and community perspective**
- **Willingness to work outdoors at a park or conducting surveys**
- **Willingness to work with children and teens as a peer educator and role model**
- **Willingness to participate in public speaking and workshop presentation.**
- **Ability to work on and contribute to team success and goals**

#### **Summer Schedule**

Employment begins Monday, July 9 through Thursday, August 15, 2019.

Typical Work Schedule: Monday through Thursday 9:30 AM - 4:30 PM with 45-minute unpaid lunch

Location is in the Codman Square neighborhood of Dorchester. 15 Elmhurst Street, 02124.

#### **Compensation**

This is a seasonal non-exempt position with a pay rate of \$12 per hour.

#### **Questions**

Contact Christian Grant, Youth Programs Manager, [christian@tbpm.org](mailto:christian@tbpm.org), 617-615-1066

Application period is open until April 30, 2019. Hiring decisions will be made in May.

**To Apply: Online application at: <http://www.tbpm.org/youth-jobs/>**