

# The Boston Project Ministries Healthy Youth Champions Coordinator - Physical Health (Full-Time, Seasonal) Job Description

### **The Organization**

**Mission:** The Boston Project Ministries [TBPM] is a non-profit Christian community development organization, which engages and equips neighbors, volunteers, and congregations to build strong communities characterized by God's shalom. We are located in the Talbot-Norfolk Triangle [TNT] neighborhood in the Codman Square, Dorchester section of Boston serving the 580+ families that reside within our 14-streets. From our *Neighborhood Ministry House*, we run a host of relational-based Youth & Family programs including leadership development programs, teen employment, youth Bible studies, and a summer park program. We are also a key support to the community organizing and civic stewardship efforts of the TNT Neighbors United association. Finally, we assist homeowners, seniors, and partner organizations by mobilizing 250+ volunteers a year in community improvement projects and in serving families. Together, these initiatives are leading to individual and community transformation.

# **Program Description**

The Healthy Youth Champions will focus on advancing the community's emerging goals related to improving the physical and mental health of children and teenagers. The HYC will consist on two distinct teams, one focusing on physical health, the other with a mental health focus.

The **physical health** team helps to reduce obesity in the community by focusing on nutrition education, healthy food promotion, and advancing a healthy lifestyles campaign. Activities will include creating resource information on healthy food sources in community, working in community gardens and urban farms, leading exercise sessions and games with younger children and creating social media campaigns to promote healthy lifestyles.

# **Position Summary**

The Healthy Youth Champions Coordinator leads a team of 6-8 youth employees (ages 15 – 19) in targeted health promotion projects during the summer. In addition to other duties, the HYC Coordinator will participate in job-readiness trainings that are aimed at equipping youth with skills necessary to be prepared for success in work and career. The Coordinator position is a full-time position. Youth participants are employed for 25 hours per week. The Coordinator reports to the Director of Programs and Leadership Development

#### **Key Accountabilities**

Healthy Youth Champions Coordinator will be responsible for the Key Accountabilities listed below:

• Serve as a role model and cultivate positive, supportive relationships with youth employees

- Help plan for, facilitate and evaluate a community health-focused, outcome-based summer program directed to teen employees.
- Plan for program photo-documentation, and regular postings to organization's social media
- Lead trainings and/or work with guest instructors to provide skill-based trainings
- Serve in a supervisory role (providing daily work direction) for 6-8 youth employees
- Collaborate with other Boston Project summer programs
- Evaluate employment experience with teen employees at beginning, mid- and end of summer
- Enforce discipline procedures when necessary
- Act as on-site point person with partner organizations
- Ensure off-site safety on field trips with youth participants
- Assist as requested in completing any grant reporting for designated program areas
- Participate in staff meetings and debriefings with team to evaluate and make program improvements
- Other duties and program assignments as necessary (potentially 1-2 evenings per week)

### **Key Qualifications**

- Experience working with teens, particularly in a supervisory role
- Experience (or interest) in healthy lifestyles promotion and community health issues.
- Background in teaching and/or lesson planning
- Ability to plan a project for a team and execute all aspects of the project from start to completion. Strong youth behavior management skills
- Willingness to work outdoors in all weather conditions and engage in exercise and physical labor
- Willingness to work with younger children (ages 5-11)
- Ability to work professionally with partners (parents, organizations, residents, funders, etc.)
- Ability to multi-task, move at a quick pace and work on a team.
- Previous experience working with youth in a multi-cultural setting a plus

**Compensation:** This is a seasonal non-exempt position with a pay rate of \$15 per hour.

**Hours:** Monday through Friday; 8:30 AM-5:00 PM with a 30-minute unpaid lunch break daily. Some Wednesday evenings.

**Dates:** June 17, 2019 – August 16, 2019 (9 weeks; 6 weeks of programming). Possible earlier start available.

**To Apply:** visit www.tbpm.org/summerstaff. No application deadline. Position contingent upon securing funding sources.

Please contact Paulea Mooney-McCoy, Director of Programs and Leadership Development with any questions: <a href="mailto:paulea@tbpm.org">paulea@tbpm.org</a> or 617-959-9372.